



support
awareness
training
development
therapy



OrganisationHealth
psychologists 

Embedding Psychological health and wellbeing at work

A brief guide to the Psychology of
Dignity at work

T: 0845 833 1597
E: info@orghealth.co.uk

Transform the working world
www.orghealth.co.uk

Organisations that promote Dignity at Work have:

- *a clear, unambiguous purpose, expressed as a simple 'big idea', an idea that all staff relate to closely, and are proud to discuss with friends and colleagues.*
- *an atmosphere of confidence, where all the staff are interested in each other, support each other, and project this confidence towards clients and customers.*
- *staff who behave respectfully towards each other, value each other's views and opinions, work in teams which are places of mutual support, where anything is debated without a hint of humiliation, where the critique of individual and team work is welcomed, discussed and where lessons are learnt and implemented.*
- *staff who 'go the extra mile' by providing unsolicited ideas, thoughts, stimulus to each other, and where their interest in their customers offers something more than is expected, beyond courtesy, and beyond service, offering attentiveness and personal interest.*
- *challenges for their staff, that provide opportunities for personal development through new experiences, and which treat everyone with fairness and understanding.*
- *staff who are personally driven towards organisation and personal success - intellectually, financially, socially and emotionally.*

Our role

- We provide Programmes to Transform the Working World – 3 steps to embedding Psychological health and wellbeing at work. We use the above as the benchmark against which our programmes are measured.
- We provide Programmes to improve leadership behaviours at work that focus on the creation of commitment and trust between leaders, managers and employees.
- We provide coaching and mentoring to managers in helping them to create and sustain a Psychological healthy workplace and workforce.
- We provide consultancy advice on the communications processes, and the messages that are required to create and sustain a psychologically healthy workplace.